



Why does our research matter?

Trinity St James's



**Oesophageal Cancer (OC)** is a cancer of the food pipe and develops when cells in the oesophagus change and grow abnormally. This causes difficulty swallowing as the tumour grows and narrows the oesophagus.

OC affects more than 400 people in Ireland every year and 600,000 people worldwide.



3 in 4 adults in Ireland over 50 years old are either overweight or obese

Worldwide, obesity is rising at an alarming rate and in parallel with OC rates.

# What have we learned so far?

(1) Our **immune system**, which is designed to kill cancer cells, is **weakened** in cancer patients, and this is even worse in obese cancer patients where patients have continuous inflammation.



NK cells







(2) Natural Killer (NK) cells are the cells of immune system that are designed to eradicate cancer cells from the body. However, obese OC patients have the lowest numbers of NK cells, and our group has found that this is because NK cells are pulled to abdominal fat by a protein called **fractalkine**.

(3) Once in the fat, NK cells are blocked and therefore unable to reach the tumour in the oesophagus.



### Why research matters: finding new therapies for Oesophageal Cancer patients Cancer Institute X@caroline-mrn M marionc@tcd.ie PhD student: Caroline Marion; supervisors: Dr Melissa Conroy and Prof Joanne Lysaght

There are many risks factors linked to the development of OC but one of the biggest risk is **obesity**. In Ireland, **3 in 4** adults over 50 years old are either overweight or obese.

References: 1. Conroy, M. J., et al. (2018). "Identifying a Novel Role for Fractalkine Elicits Chemotactic, Phenotypic, and Functional Effects on CX3CR1(+)CD27(-) NK Cells in Obesity-Associated Cancer." J Immunol 207(4): 1200-1210. 3. Mylod, E., et al. (2021). "The Omentum in Obesity-Associated Cancer: A Hindrance to Effective Natural Killer Cell Migration towards Tumour Which Can Be Overcome by CX3CR1 Antagonism." Cancers (Basel) 14(1). All diagrams were created using Servier Medical Art.





cancer.



## Why are we doing this research?



Only 3 in 10 OC patients to surgery, and radiation therapy, which are the most used therapies for this type of



1 in 4 OC patient survives beyond 5 years

**Only 1 in 4 OC patients will survive beyond 5 years**, and this prognosis is even worse if the cancer has spread to other parts of the body with only 1 in 20 OC patients surviving beyond 5 years.

This research is important because we urgently need more effective drugs and better treatments for OC patients, to improve their survival rate and provide better treatment

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### 1 in 20 OC patient with metastasis survives beyond 5 years